



16/1/26

Dear Parents/Carers,

The children really enjoyed the M & M Productions performance of Cinderella, which involved lots of singing, dancing and shouting. The children love a classic fairy story with a happy ending.

On Thursday Zoolab visited Reception with a collection of rainforest creatures - the photographs of the sessions can be seen on the Reception pages of the school website.

Mental Health and Wellbeing at Booker Infants

We work with the outreach **Mental Health Support Team** from Alder Hey Children's Hospital to offer workshops and sessions to our children and their parents. This week Classes 1L and 1P took part in Emotional Literacy Workshop sessions led by the MHST. Class 1P, 2B, 2D and 2T will have the same workshop later this half term. The sessions are aimed at developing the children's understanding of their emotions in an age appropriate way.

On Monday 19th January the MHST will be holding 'A Parenting for Anxiety' Coffee Morning session in our school hall - all are welcome.

Booker Avenue infants and Junior Schools also have a service level contract with a company called **'Beautiful New Beginnings'**. This company supports schools in nurturing Mental Health and Emotional Wellbeing. They are dedicated to offering family support services through a range of sessions, courses and classes and they come into school once a week to support identified pupils.

Beautiful New Beginnings Liverpool have a [website](#) that promotes free and paid for sessions covering a wide range of areas of support. These include Forest School sessions, Wellbeing Walks for parents, SEND Parent's Coffee Morning sessions and even sessions for teenagers. Parents who are looking for support may find it helpful to explore this website, which offers sessions that could benefit both them and their family.

If you feel your child requires support with their Mental Health and Wellbeing, please speak to the class teacher or send us an email (support@bookeravenue-inf.co.uk)

Park Run

The Mystery Junior Parkrun, Wavertree is held every Sunday at 9am.

Mr Dillon is launching our first ever Booker Avenue Park Run on **Sunday 18th January**. All you need to do is sign up at the following webpage www.parkrun.org.uk/register/?eventName=themystery-juniors

Please come along with your family get fit, meet people and have fun!

Headteacher Award

This week the Headteacher's Award is being given to Teddi O'Donough 1P. Teddi is an absolutely brilliant artist and it is very evident that he has a real talent. Don't forget us Teddi when you are famous. Well Done.

Class Star of the Week Badge

2B – Harry Davenport; 2D – Isla Cooper; 2T - Ailish McConnachie

1L – Henry Quenby-Ma; 1P – Lola Jefferies; 1S – Arthur Cullen-Golding

RD – Ivy Jepson; RH – Cleo Guerrier; RJ – Caspar Ajtar

Nursery – Freya Garner

Regards,

Lynne Brown
Headteacher