



## Lunchtime

- ✓ Children can have a school lunch or bring a packed lunch.
- ✓ Lunchtime is 11.45am - 1.00pm.
- ✓ A Lunchtime Supervisor is allocated to each class.
- ✓ Lunchtime Supervisors support children whilst eating and playing out.

### School lunches

Hot meals are provided by 'Food for Thought', a non-profit making catering group. School dinners are varied, well presented, good to eat.

A vegetarian alternative is available every day, along with jacket potatoes and sandwiches.

The weekly lunch menu is displayed in the foyer and the junior dining room window.

**All pupils in the Infants are eligible for a free school meal every day.**

### Packed lunches

Please make sure your child's lunchbox is named.

We encourage healthy eating in our school and ask you to support this.

**No nuts of any type are allowed – THIS INCLUDES NUTELLA ETC**

Water is available to drink but you can provide your own healthy drink.

**Glass bottles or cans of fizzy drinks are not allowed.**

### Drinking water

Children have access to drinking water at all times.

Research shows water is beneficial to their health and improves concentration.

**The PTA provides Reception pupils with their first school water bottle - these are taken home each day to be washed and refilled.**

**Please note we do not permit any liquids other than water.**

### Free fruit and vegetables

Free fruit/vegetables are provided as a mid-morning snack each day.

We do not accept other kinds of food as a snack unless there is a medical reason.