

Advice Support Sessions

We can arrange advice sessions with an Occupational Therapist and Advanced Practitioner in Sensory Integration and Speech and Language therapist.

These sessions are for parents, carers and professionals to attend and are by appointment only.

We also provide Communication Resource packs such as now and next boards, timelines, morning and evening routine visuals etc.



Shine Therapy

We also work closely with Shine shine therapy Therapy Services which is an established multi-disciplinary private consultancy offering occupational therapy, speech and language therapy and physiotherapy for children and young people. Shine are based in Preston, Lancashire and operate throughout the whole of the North West region.

How You Can Help

RAISE FUNDS AS YOU SHOP

Raise funds for The Isabella Trust whilst shopping on line. Join easyfundraising on line and collect free donations every time you shop using the details below.
www.easyfundraising.org.uk/causes/theisabellatrust/

DONATE

Please make a donation to support us to continue to provide the services we offer. You can make a donation via our website using the paypal donate now button



Or on our Total Giving Page
www.totalgiving.co.uk/charity/the-isabella-trust

Contact Us

Post:
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You can also find us on:



The Isabella Trust
aims to improve
the **Quality of Life**
of Children with
Autistic Spectrum
Disorder and **Sensory**
Processing Difficulties
by supporting their
Families and **Carers**



Registered Charity No. 12160140

Our Service

The Isabella Trust is a small Liverpool-based registered charity.

We provide short courses, workshops, advice and support appointments for professionals and parents and carers of children with Autistic Spectrum Disorder and/or Sensory Processing Difficulties.

We also work closely with parent support groups, childrens' centres, nurseries and schools.

Our Aims

The Isabella Trust aims to improve the quality of life of children with Autistic Spectrum Disorder and Sensory Processing Difficulties by providing parents, carers and professionals with access to information resources, support and advice



Courses and Workshops

Our short courses and workshops are aimed at all those with an interest in the care and education of children and young people. They are of particular relevance to parents or guardians, child minders, nursery staff, teachers, SENCOs, teaching assistants and paediatric health care professionals.

We run the following courses:

SENSORY PROCESSING DIFFICULTIES COURSE

The aim of the course is to provide attendees with an introduction to sensory processing disorder (SPD). Through interactive and visual learning sessions attendees will get the opportunity to experience and reflect upon the everyday challenges that children and young people with SPD encounter. Further to this, practical support strategies will be explored for both the home and school environments.

On completing the course attendees will be able to begin to distinguish between 'behaviour' and the characteristics of SPD.

SENSORY STRATEGIES COURSE

The sensory strategies course will provide a brief overview of sensory processing disorder and some of the characteristics associated with it. It will then go on to explore in more detail practical support strategies to support children and young people with sensory processing difficulties.

Attendees will complete worksheets encouraging the them to think about sensory activities and a framework that may support their child with their sensory needs.

On completing the course attendees using the worksheet will identify some of the child's sensory seeking / avoiding behaviours and strategies and activities that may support the child within home, education and community settings.

EATING DIFFICULTIES COURSE

This course explores some of the reasons as to why children experience eating difficulties / "fussy eating" and how all those that care for and support the child can help to increase their confidence, motivation and ultimately the number of different foods that they eat.

TEARS, TANTRUM'S AND PAIN IN EVERYDAY ACTIVITIES COURSE

Within this course we take a closer look as to why individuals can find everyday activities such as toothbrushing, hair and nail cutting, dressing and bathing distressing, and in some instances painful.

Not only will attendees develop their understanding of such difficulties but they will also leave the course equipped with the holistic strategies and knowledge needed to support and develop their child's abilities and independence in such tasks.

TOILETING WORKSHOP

Within this workshop we have a look at some of the reasons as to why your young person is struggling to become toilet trained and strategies you can use to help them achieve independence.

PRAXIS WORKSHOP

This workshop takes a closer look at Praxis and what associated difficulties your young person may be experiencing within the home environment. Strategies and interventions will also be explored to ensure you feel more equipped to support and develop such difficulties.