

## School Lunches

- lunchtime is 11.45am - 1.00pm
- a Supervisory Assistant is allocated to each class
- lunchtime Supervisors support children whilst eating and playing out
- children can have a school lunch or bring a packed lunch.
  
- meals are provided by 'Food for Thought' a non-profit making catering group
- school dinners are varied well presented, good to eat and good value
- vegetarian option is also available every day
- **All pupils in the Infants are eligible for a free school meal every day.**
  
- please make sure your child's lunchbox is named
- we encourage healthy eating in our school and ask you to support this
- **nuts** of any type are **not** allowed
- water is available to drink but you can provide your own healthy drink
- **glass bottles or cans of fizzy drinks are not allowed**

## Free Fruit and Vegetables

- free fruit/veg are provided as a mid-morning snack
- we do not accept other kinds of food as a snack unless there is a medical reason

## Milk

- milk can be purchased for their child to drink at school
- cost is £5 a half term
- Reception children do not pay until the half term after their 5<sup>th</sup> birthday.
- school office will send out information and requests for payment

## Drinking water

- children have access to drinking water at all times
- research shows water is beneficial to their health
- it helps with their concentration levels
- the P.T.A. provides new pupils with their first school water bottle
- these are taken home each day to be washed and refilled.
- please note we do not permit liquids other than water.

