



Curriculum Mapping 2025-2026: PSHE



	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
EYFS Nursery	<p style="text-align: center;">All About Me</p> <ul style="list-style-type: none"> Develop friendships Explore and begin to talk about feelings Develop personal hygiene skills 	<p style="text-align: center;">Colour My World</p> <ul style="list-style-type: none"> Take turns and share with others Enjoy exploring new places Notice and ask questions about differences and disabilities through engaging with books 	<p style="text-align: center;">Our Planet, Our Home</p> <ul style="list-style-type: none"> Select and use activities and resources Understand why rules are important Achieve goals they have set by themselves or others 	<p style="text-align: center;">Down at the Bottom of the Garden</p> <ul style="list-style-type: none"> Develop language to help deal with conflicts Be aware of making healthy choices Understand about oral health 	<p style="text-align: center;">Nursery Rhymes</p> <ul style="list-style-type: none"> Develop a sense of responsibility and membership of a community Show confidence in new social situations Develop appropriate ways of being assertive 	<p style="text-align: center;">On the Move!</p> <ul style="list-style-type: none"> Show resilience and perseverance in the face of challenge Show preferences for different types of food Understand how others might be feeling
EYFS Rec	<p style="text-align: center;">We Are Superheroes Self-Regulation: My Feelings</p> <ul style="list-style-type: none"> Identify different feelings Develop coping strategies for different situations 	<p style="text-align: center;">We Are Investigators Building Relationships: Special Relationships</p> <ul style="list-style-type: none"> Identify special people in our lives Discuss what makes us unique Identify similarities and differences between ourselves 	<p style="text-align: center;">We Are Explorers Managing Self: Taking on Challenges</p> <ul style="list-style-type: none"> Discuss why we have rules Work collaboratively in a range of situations 	<p style="text-align: center;">We Are Curious Self-Regulation: Listening and Following Instructions</p> <ul style="list-style-type: none"> Develop listening skills Understand other people's feelings and the importance of telling the truth Develop perseverance skills for when things get difficult 	<p style="text-align: center;">We Are Storytellers Building Relationships: My Family and Friends</p> <ul style="list-style-type: none"> Share a range of books that identify different festivals Identify what makes a good friend 	<p style="text-align: center;">We Are Voyagers Managing Self: My Wellbeing</p> <ul style="list-style-type: none"> Identify what exercise is and why we need to be active Discuss road safety and what makes a safe pedestrian Talk about healthy foods
Year One	<p style="text-align: center;">This Is Me! Family and Relationships</p> <ul style="list-style-type: none"> Rules and respect Discuss family and friendships Identify what makes a healthy friendship Discuss gender stereotypes 	<p style="text-align: center;">Our Home Health and Wellbeing</p> <ul style="list-style-type: none"> Begin to understand a range of emotions Bedtime routines Discuss personal hygiene and how to keep ourselves clean Allergies 	<p style="text-align: center;">Our Planet Safety and the Changing Body</p> <ul style="list-style-type: none"> Identify what makes a safe adult How to make an emergency phone-call Begin to understand the difference between acceptable and unacceptable physical contact Discuss what is safe for our bodies 	<p style="text-align: center;">China Citizenship</p> <ul style="list-style-type: none"> Rules in society Caring for animals Recognise ways in which we are similar and different 	<p style="text-align: center;">Once Upon a Story Economic Wellbeing</p> <ul style="list-style-type: none"> Develop an understanding of what money is Discuss saving and spending 	<p style="text-align: center;">Journeys Transition</p> <ul style="list-style-type: none"> Class visits to new year group Story time with new teacher Discuss excitement and address any concerns about future year group
Year Two	<p style="text-align: center;">Incredible Me! Family and Relationships</p> <ul style="list-style-type: none"> Rules and respect Identify a range of different families Introduction to manners and courtesy Gender stereotypes: careers and jobs 	<p style="text-align: center;">Fantasy and Fire Health and Wellbeing</p> <ul style="list-style-type: none"> Discuss different emotions Develop a growth mindset Discuss a healthy diet Discuss dental hygiene 	<p style="text-align: center;">Journey Around The World Safety and the Changing Body</p> <ul style="list-style-type: none"> Communicating online Discuss PANTS rule Explain the rules for crossing the road. Understand when we should take medicines. 	<p style="text-align: center;">Our Wild World! Citizenship</p> <ul style="list-style-type: none"> Rules in society Discuss similarities and differences within our local community Discuss how to give an appropriate opinion 	<p style="text-align: center;">Turrets and Tiaras Economic Wellbeing</p> <ul style="list-style-type: none"> Discuss the role of bank account cards. Discuss the difference between a want and a need 	<p style="text-align: center;">Waves and Wonder Transition</p> <ul style="list-style-type: none"> Class visits to new year group Tour new school building Discuss excitement and address any concerns about future year group