

Booker Avenue Infant School: PSHE Vision

Intent

At Booker Avenue Infant School, we aim to provide all our pupils with the initial building blocks necessary to embrace the challenges of a happy and successful adult life. Our PSHE and RSE Curriculum sets out to provide pupils with the invaluable knowledge that will help them to make informed decisions about their wellbeing and teach them the fundamental characteristics of healthy relationships. RSE is learning about the emotional, social and physical aspects of growing up, including relationships. Some aspects are taught in Science and others are taught as part of personal, social, health and economic education (PSHE). We see Music as a powerful tool in ensuring children's wellbeing. We provide regular opportunities for children to express themselves through music.

Implementation

In our PSHE curriculum we have a strong focus on mindfulness and understanding and caring for our mental health. It is our aim that all children know the importance of looking after our mental health and have been taught healthy and manageable ways to look after their own. We recognise that all classes have children of widely differing abilities, and so we provide suitable learning opportunities for all children by matching the challenge of the task to the ability and experience of the child. We achieve this in a variety of ways, by:

- Setting common tasks which are open-ended and can have a variety of responses
- Setting tasks of increasing difficulty, evidenced in planning through differentiation and expected outcomes
- Providing resources of different complexity which are suitable for the ability of the child
- Providing appropriate adult support to scaffold learning and to aid the work of the individual or group.
- Feel Good 15 Sing Up sessions

Teachers assess children against clear learning objectives and success criteria. Children are encouraged to reflect at the end of each lesson or class discussion. The subject leader is responsible for monitoring attainment and progress of pupils and the quality of the teaching in PSHE and RSE. The outcomes of this are collated fed back to staff at an appropriate time.

Impact

We are proud at Booker Infants to confidently say that through our PSHE and RSE Curriculum, our children learn how to develop and maintain healthy relationships with their peers. Through our PSHE and RSE curriculum, we have been able to develop the children's understanding of their own feelings, relationships and emotions and those of their peers. Our weekly sessions allow the children to have open discussions, encouraging curiosity, independence and gaining a better knowledge of the world around them. Through our Mindfulness activities and sessions, children have a greater

understanding of the ways they can look after their own mental health and assess their emotions. Overall, our PSHE and RSE curriculum ensures that our children leave Booker Infants with the necessary tools they need to help them be emotionally and socially ready for their next steps.